Before society was an actual thing and people lived in large numbers, we lived in small groups of nomadic Hunter-Gatherers, where we would gather food by hunting animals and gathering fruits that grew naturally. The reason they lived in such low populations was because of the food situation, and because they had no housing for people to live in, considering they would move around so much; they also lacked the technology to live in large groups. Seeing how some groups of Hunter-Gatherers never progressed, they eventually had to grow in population, but not too much, just a tad; as their population grew, so did the land they would take up to scope out the land for resources. There was a difference between the groups, some would hunt more, and others would gather more; some would find food on land and others would find it in the water; and due to the way they would they gather their food would affect the land they would take up; those who hunted more had more land to hunt the animals and the ones who gathered more had a smaller thing of land. One benefit the Hunter-Gatherers realized was that the higher of a population they had, the more efficient they were at gathering and/or hunting food, they had noticed this anytime their population had doubled.

The thing the Hunter-Gatherers made me realize was that the more people we have in a society or place of residence, the more work would be done and be way more efficient. They also made me realize that the higher of a population you have, the closer together people would live next to one another. So maybe the Hunter-Gatherers were more advanced than they led on.